David K. Padgett, D.O.

Primary/Secondary Treating Physician's Progress Report

Reviewed

SECTION 8

PROCEDURES/TESTS

[] or, I am scheduled for [] CT/MRI [] QME/AME [] injection []

Yes, circle all that apply or add below: MRI, Xray, Blood Test, or:

I have undergone the following procedures/tests since my last appointment with Dr. Padgett: [] None or

Physical Medicine and Rehabilitation Osteopathic Manipulative Medicine PLEASE COMPLETE ALL SECTIONS. Electrodiagnostic Medicine & Sports Medicine If more writing space is needed, please request another sheet. Patient/Employee: Last First Date of appointment: SECTION 1 PAGE ONE (PATIENT) Critical Issue The ONE critical pain (not Rx) issue I want to discuss with Dr. Padgett today: List pain area: [] back [] neck [] Reviewed CC/HPI/PFSH/ROS SECTION 2 CURRENT CONDITION/COMPLAINTS My condition since my last visit with Dr. Padgett: [] remains the same [] has improved [] has gotten worse: I am now unable to: SLEEP-I am sleeping hours per night. I take a nap for min. per day. [] My pet sleeps on my bed. My sleep is affected by: **DIET:** I am eating meals per day snacks per day. I am making my own meals [] Yes [] Some [] No DAILY ACTIVITIES: BATHING, DRESSING, TOILETING: [] I am able to perform tasks on my own. [] I need assistance with: [] hair washing My **emotional well being**: [] remains the same [] has improved [] has gotten worse [] affected by relationship stress evidenced by: My home environment [] same [] better [] worse What has changed? ___ Do you have **family** members with similar symptoms? [] No [] Yes [] Changes? Be specific: Other than your pain areas, are you having any problems with (circle all that apply) head, face, endocrine, heart, lungs, skin, stomach, blood, immunity, bladder, bowels, other: My PAIN is: worse with [] bending [] sitting up [] lifting [] walking [] laying down [] pulling [] carrying [] other _____ better when [] exercising [] sitting [] standing [] traction [] with heat [] with cold [] other with medications is at this level (circle number that applies): [no pain] 0 1 2 3 4 5 6 7 8 9 10 [worst pain imaginable] [no pain] 0 1 2 3 4 5 6 7 8 9 10 [worst pain imaginable] Reviewed without medications (circle number that applies): EXERCISE & THERAPY I have been attending therapy: [] No, reason [] Yes I have been doing the prescribed exercises or other exercises at home: No, for the following reason Yes. I do them [] daily or [] times per week for minutes. Results of therapy and exercises: [] lost weight # pounds [] I feel better - can: [] I feel challenged by: [] stiffness [] Reviewed WORK SECTION 5 I am currently: Not working. What is the specific obstacle preventing you from working today: Immediate supervisor is supportive: Y N Co-workers are supportive: Y N Do you have an idea on how you can return to work? [] No [] Yes, idea: days per week and # hours per day [] Full time [] Part Time [] Working at [Co.Name] SECTION 7 MEDICATIONS for details refer to Med Log Do your medications cause any adverse effects not addressed in the Chart Med Log? [] No [] Yes, explain: Have you eliminated any meds? N Y [] Weaning [] full elimination of (medication): Have you cut back on meds? Y N Which med(s): ______ How much? _____ Affects: [] doing well more pain Reviewed \square